

Best Books, Blogs and Broadcasts

Selected material recommended for ICER mentors/mentees

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Life – meaningful contribution, philosophy:

- “Don't sweat the small stuff”, by Richard Carlson
- “The road less travelled”, by M. Scott Peck
- “How to discover your strengths”, by Buckingham and Clifton
 - A practical book, and offers the opportunity to see ourselves in a different way
- “Things fall apart”, by Chinua Achebe
- “Meditations”, by Marcus Aurelius
 - Yes, as in Marcus Aurelius Roman Emperor!
- “The human side of enterprise”, by McGregor
- “Emotional intelligence”, by Daniel Goleman
- “Give and take: why helping others drives our success”, by Adam Grant
- “A 5-step recipe for achieving more life success”, an article by Michelle L. Casto
- “The greatest sales man in the world” by Og Mandino

Inspiration and Change

- “How to live before you die”, a [TED Talk](#) by Steve Jobs
- “Whatcha gonna do with that duck?: and other provocations, 2006-2012”, by Seth Godin
- “Live your dreams”, by Les Brown
- “The Alchemist”, by Paulo Coelho
- “The monk that sold his ferrari”, by Robin Sharma
- “Tuesdays with Morrie” by Mitch Albom
- “Who moved my cheese?” by Spencer Johnson
 - Fun read on how to anticipate, adapt to and enjoy change
- [The Change](#)
 - Blog with stories of people who seek to create positive and lasting change.
- [Moving people to action](#)
 - Online articles and tools by Conor Neill on career, leadership and communication

Career:

- *How to find and do the work you love* [TEDx Talk](#) by Scott Dinsmore
 - Advice and free career tools on his free online [Live your Legend](#) website
- *“Lean In”*, book by Sheryl Sandberg
- *“The First 90 days”*, by Michael Watkins
 - Practical, and great for new managers
- [Success](#)
 - This blog is a guide for personal and professional development through inspiration, motivation and training.
- *“The trusted advisor”* by David Maister, Charles Green and Robert Galford
 - The authors use anecdotes, experiences, and examples - successes and mistakes – to demonstrate the paramount importance of trust.
- *“Getting to Yes”* by Roger Fisher and William Ury is
 - For anyone just starting out, this is the negotiation bible.

Learning and Analysis:

- *“Eight TED Talks to understand climate change”*, [TED Talks](#)
- [LearnOutLoud](#)
 - Podcasts on a range of topics
- [My University](#)
 - Online Economic courses
- [Finimize Bulletin](#)
 - Redesigning finance for the new generation. Understand today's financial news within 3 minutes.
- [The Hidden Brain](#) – a podcast that helps curious people understand the world
- MAZZUCATO, Mariana (2013). [“Government – investor, risk-taker, innovation”](#). TEDGlobal.
- [Khan Academy](#)
 - Learn Maths, Science, Grammar, Mathematics, Coding skills free online

Leadership:

- *“The 7 habits of Highly Effective People”*, by Stephen Covey
 - Excellent for younger leaders/potential leaders
- *“Act like a leader, think like a leader”*, by Herminia Ibarra
- *“Why we have too few women leading”*, [Ted Talk](#) by Sheryl Sandberg

- “So we leaned in... now what”, interview on her TED Talk by Sheryl Sandburg
- “On Becoming a Leader”, by Warren Bennis
- “Influencer: The New Science of Leading Change”, by Grenny, Patterson, Maxfield, McMillan & Switler
- “The 48 Laws of Power”, by Robert Greene and Joost Elffers
- “Everyday Leadership”, a [TED Talk](#) by Drew Dudley.

Self Improvement:

- “Taking the stage-how women can speak up, stand out and succeed” by Judith Humphrey
- “Your body language shapes who you are”, a [TED Talk](#) by Amy Cuddy
- [Work It Daily](#) blog

Help us grow this list. Send your ideas to wie@icer-regulators.net

Contacts and further ICER WIE material:

- E:mail: wie@icer-regulators.net
- ICER [WIE Website](#), where mentoring videos, WIE stories and other resources (e.g. factsheet on Understand Yourself to Better Self Promote) can be found
- ICER Women in Energy [LinkedIn group](#)
- Twitter@IcerWomen