**ICER 2020 Mentee Application Form**

**Mentee Information (the mentoring programme is targeted at women)**

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| **Name (Ms/Mrs First name, Family name)** |  |
| **Organisation (NRA, country)** |  |
| **Division**  |  |
| **Address/Office location** |  |
| **Time in current role** |  |
| **Length of service within organization** |  |
| **Length of work experience in total** |  |
| **Highest level of education** |  |
| **Telephone Number** |  |
| **E-mail address (work):****Second e-mail address:** in case of difficulties reaching you (e.g. that of your PA or your personal e-mail): |  |
| **Job Title** |  |
| **Please state your current grade:** *Executive, Management, staff level below management level* |  |
| **Please specify your preferred mode of communication and your account details.** Skype, Facetime (or similar modes of communication) are good ways of communicating in a global setting.  |  |
| **Social media accounts** (please include as a minimum your LinkedIn account as the ICER LinkedIn restricted group will be a main means of communication between mentees and with the wider ICER WIE network) |
| **Facetime:****Skype:****Other (please specify):** | **LinkedIn:****Twitter:****Instagram:****Other:** |

**Matching Information**

Please check the appropriate box to indicate your preferences:

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| ***Ideal Mentor*** | **Same Continent** | **Worldwide** | **Happy with either** | **[Reasoning for preference]** |
| ***Band / grade of your ideal mentor***  | **Middle Management**  | **Executive Level** | **Peer mentor preferred** | **[Reasoning for preference]** |
| ***Main skill/knowledge requested*** |  |

Note that time zone differences require extra effort in terms of maintaining contact.

**Your objectives**

* Please consider the key outcomes or goals you hope to achieve through having a mentor, then detail these in a summary statement below.

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* To enable us to further understand your objectives, consider the **ten** statements (of column 1of the table below) and **re-rank the statements** (in column 2) in order of importance **to you** (with 1 being the top and 10 being the least important) ***Note: Each number should only be used once in this table.***
* To go a level deeper, please also consider the **“further questions”** (in column 3 below). Your answers (in column 4) will help us to better match you with a mentor. An additional benefit is that you get into the process quicker and over the annual cycle, potentially gain more out of it.

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| **I am interested in being mentored in order to:** | **Rank in order of importance 1 = highest) 10 = lowest** | **Further questions**  | **Answers** |
| 1. Help me develop my aspirations and shape my goals beyond my current role.
 |  | Describe the goal. What support are you looking for? |  |
| 1. Broaden my horizons by building my understanding of all areas of my profession and the potential opportunities within it.
 |  | What gaps in your professional knowledge or experience have you identified? |  |
| 1. Gain insights into the thinking patterns of an experienced, more senior individual.
 |  | In what areas of your current role would this help? Provide examples. |  |
| 1. Build a relationship which stretches and challenges my thinking and assumptions.
 |  | Identify 2 or 3 areas that you would like to explore further with your mentor. |  |
| 1. Have a role model for personal achievement and growth.
 |  | Describe your role model. (This will help to understand your goals for personal/professional achievement). |  |
| 1. Hear different perspectives / approaches from someone outside of my team.
 |  | What kind of mentor would you like to talk to (e.g. what kind of background)?. |  |
| 1. Understand more about and build professional networks.
 |  | What networks are you interested in? |  |
| 1. Give me an opportunity to step back, reflect, analyse and find solutions to problems.
 |  | Please provide examples of 2-3 specific problems you want to work on. |  |
| 1. Confidentially discuss issues that straddle the boundary between work and personal (work-home balance, work pressures, work relationships).
 |  | Are you looking for tools, advice or how other people deal with this? |  |
| 1. Improve my leadership / influencing skills for professional growth.
 |  | What leadership qualities would you like to explore and develop? |  |

* Please **attach a current resume or CV upon submission of this application** to ensure we have an accurate depiction of your background and experience to be used in the pairing process. Failure to submit a CV renders your application incomplete and cannot be processed.
* Please state the languages in which you are fluent below.

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* What else, if anything, could you let us know about why you are seeking a mentor that would aid us in matching you successfully?

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* How much time would you be able and/or willing to commit to the mentorship programme (i.e., one hour per week, four hours per month, etc.)?

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* Please recommend books/articles/video links or other resources on self-development/other topics of possible interest to mentors/mentees.

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| **Books:** **Blogs/Articles:****Webinars/events:****Videos (e.g. TED Talks):** |

* Finally, are there any specific skills, experience or background that you would value in your mentor? Do you have a feel for what style would work best for you, either someone tending towards being more directive, offering advice and suggestions, or someone tending towards less-directive behaviour, through questioning and coaching you to find your own answers?

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| **Applicant signature *(it is sufficient in a digital form only)*****Please enter your name and the date below to confirm that you have read the ICER E-Mentoring Programme Information Pack** **(Overview document and Application Form) and are available and eligible to participate in the mentoring webinar.** **Applicant’s Name: Date:**  |

**Once this form is complete, please return it (along with a current CV) by email to the ICER Secretariat at** **wie@icer-regulators.net** **by the closing date of Tuesday, February 18, 2020.**