

## ICER 2019 Mentee Application Form

Mentee Information (the mentoring programme is targeted at women)

<b>Name (Ms/Mrs First name, Family name)</b>	<b>Organisation (NRA, country)</b>
<b>Division</b>	<b>Address/Office location</b>
<b>Time in current role</b>	<b>Length of service within organization</b>
<b>Telephone Number:</b>	<b>E-mail address (work):</b> <b>Second e-mail address:</b> in case of difficulties reaching you (e.g. that of your PA or your personal e-mail):
<b>Job Title</b>	<b>Please state your current grade:</b> <b>Executive, Management, staff level below management level</b>
<b>Please specify your preferred mode of communication and your account details.</b> Skype, Facetime (or similar modes of communication) are good ways of communicating in a global setting.	<b>Social media accounts</b> (please include as a minimum your LinkedIn account as the ICER LinkedIn restricted group will be a main means of communication between mentees and with the wider ICER WIE network)
<b>Phone:</b> <b>E-mail:</b> <b>Facetime:</b> <b>Skype:</b> <b>Other (please specify):</b>	<b>LinkedIn:</b> <b>Twitter:</b> <b>Instagram:</b> <b>Other:</b>

### Matching Information

Please check the appropriate box to indicate your preferences:

<i>Ideal Mentor</i>	<b>Same Continent</b>	<b>Worldwide</b>	<b>Happy with either</b>	<b>[Reasoning preference] for</b>
<i>Band / grade of your ideal mentor</i>	<b>Middle Management</b>	<b>Executive Level</b>	<b>Peer mentor preferred</b>	<b>[Reasoning preference] for</b>
<i>Main skill/knowledge requested</i>				

Note that time zone differences require extra effort in terms of maintaining contact.

### Your objectives

- Please consider the key outcomes or goals you hope to achieve through having a mentor, then detail these in a summary statement below.

- To enable us to further understand your objectives, consider the **ten** statements (of column 1 of the table below) and **re-rank the statements** (in column 2) in order of importance **to you** (with 1 being the top and 10 being the least important) **Note: Each number should only be used once in this table.**
- To go a level deeper, please also consider the “**further questions**” (in column 3 below). Your answers (in column 4) will help us to better match you with a mentor. An additional benefit is that you get into the process quicker and over the annual cycle, potentially gain more out of it.
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I am interested in being mentored in order to:	Rank in order of importance 1 = highest) 10 = lowest	Further questions	Answers
1. Help me develop my aspirations and shape my goals beyond my current role.		Describe the goal. What support are you looking for?	
2. Broaden my horizons by building my understanding of all areas of my profession and the potential opportunities within it.		What gaps in your professional knowledge or experience have you identified?	
3. Gain insights into the thinking patterns of an experienced, more senior individual.		In what areas of your current role would this help? Provide examples.	
4. Build a relationship which stretches and challenges my thinking and assumptions.		Identify 2 or 3 areas that you would like to explore further with your mentor.	
5. Have a role model for personal		Describe your role model. (This will help to understand your goals	

achievement and growth.		for personal/professional achievement).	
6. Hear different perspectives / approaches from someone outside of my team.		What kind of mentor would you like to talk to (e.g. what kind of background)?.	
7. Understand more about and build professional networks.		What networks are you interested in?	
8. Give me an opportunity to step back, reflect, analyse and find solutions to problems.		Please provide examples of 2-3 specific problems you want to work on.	
9. Confidentially discuss issues that straddle the boundary between work and personal (work-home balance, work pressures, work relationships).		Are you looking for tools, advice or how other people deal with this?	
10. Improve my leadership / influencing skills for professional growth.		What leadership qualities would you like to explore and develop?	

- Please **attach a current resume or CV upon submission of this application** to ensure we have an accurate depiction of your background and experience to be used in the pairing process. Failure to submit a CV renders your application incomplete and cannot be processed.
- Please state the languages in which you are fluent below.

- What else, if anything, could you let us know about why you are seeking a mentor that would aid us in matching you successfully?

- How much time would you be able and/or willing to commit to the mentorship programme (i.e., one hour per week, four hours per month, etc.)?

- Please recommend books/articles/video links or other resources on self-development/other topics of possible interest to mentors/mentees.

**Books:**

**Blogs/Articles:**

**Webinars/events:**

**Videos (e.g. TED Talks):**

- Finally, are there any specific skills, experience or background that you would value in your mentor? Do you have a feel for what style would work best for you,

either someone tending towards being more directive, offering advice and suggestions, or someone tending towards less-directive behaviour, through questioning and coaching you to find your own answers?

**Applicant signature**

**Please enter your name and the date below to confirm that you have read the ICER E-Mentoring Programme Information Pack (Overview document and Application Form) and are available and eligible to participate in the mentoring webinar.**

**Applicant's Name:**

**Date:**

**Once this form is complete, please return it (along with a current CV) by email to the ICER Secretariat at [wie@icer-regulators.net](mailto:wie@icer-regulators.net) by the closing date of February 4, 2019.**